

**NORTH WILTSHIRE ORIENTEERS
MARLBOROUGH URBAN EVENT
LEVEL C EVENT, SOUTH EAST URBAN ORIENTEERING LEAGUE
SATURDAY 11th July 2015 – FINAL DETAILS**

Summary

EMIT electronic punching.

Map 1:5,000 on waterproof paper. Loose control descriptions ~~on~~ at the Start.

Assembly next to car park. Start 400m North West from Assembly. Finish for courses F&G, 400m South of start. Finish for Courses A-E, 300m North East of Assembly.

Where crossing points are marked on the map, they must be used.

Courses A, B, C cross a road at a Pelican Crossing with controls either side to allow time-out.

Covering for legs advised in view of nettles

Beginners and families are encouraged to do Course F and G both of which are off road. They can turn up on the day or contact the organizer on 07467948309 to reserve a map.

Toilets at assembly

Courses close at 2:30

Location, parking and Assembly

Parking and assembly are on Marlborough Common at Grid SU187696 with entry to the site from Free's Avenue. It will be signed from the junction of the A346 (Swindon to Marlborough Road) and the Common (SN8 1DL).

You will exit by the same gate as entering. The Marlborough Urban coincides with the Barbury Horse Trials and so orienteers should be aware of traffic, including horse boxes, using the same route. Free's Avenue will be coned to keep the road clear and so event parking must be used.

Solo travelers may (and are encouraged to) leave car keys at Enquiries.

Map descriptions

The map was created in 2014 and the Marlborough Urban Event represents its first use. Scale is 1:5000 and the map is printed on A3 waterproof paper.

Course Details

Control descriptions will be printed on the back of the map. Courses F and G will have written descriptions, all other courses will have IOF descriptions.

Loose control descriptions will be available at the Start.

Courses:	Classes:	Length:	Climb:
A	Men open.	6.5 km	110m
B	Men Veteran (M40+), Women open.	6.1 km	100m
C	Men Super Veteran (M55+), Women Veteran (W40+).	5.5 km	95m
D	Men Ultra Veteran (M65+), Women Super Veteran (W55+).	4.6 km	60m
E	Women Ultra Veteran (W65+)..	3.5 km	45m
F	Men Junior (M16-), Women Junior (W16-).	2.6 km	20m
G	Men Young Junior (M12-), Women Young Junior (W12-).	1.8 km	10m

Entry on Day Charges

Senior: £10

Students/Juniors: £3

Families on Courses F&G: £3

EMIT Hire: £1-50. Lost Card: £47

Road Crossings

Courses A, B and C will cross a road via a Pelican Crossing. Crossing lights must be complied with and controls will be located either side of the crossing to allow the exclusion of waiting time. A maximum time of two minutes will be allowed.

Planners Notes:

No dogs allowed on course.

The river is out of bounds, is marked as such and should not be crossed.

There are numerous movable objects on the playing fields (such as goal posts for example). These have not been mapped.

Not all small man-made objects like waste bins and poles are mapped.

There should be no games in progress on the pitches but if there are please keep well away from them. Even if there are no games in progress keep well away from the cricket squares. These are marked on the map as out of bounds.

There are a couple of areas of nettles on the courses. The planner will (at great pain to himself, no doubt) try to clear routes to all controls but it would probably be better not to wear shorts.

Marlborough High Street will probably be very busy. You may wish to consider this fact when planning your routes.

As always, please be very courteous to any people you come across.

Courses are measured using the straight line. Unless you are travelling by crow, you are likely to travel about 20-30% farther,

(Anyone caught travelling by crow will be disqualified).

Terrain

Marlborough is a historic market town surrounded by parkland, playing fields and housing which provide a variety of going and lots of route choice; courses for juniors will be completely off road.

The Town Centre of Marlborough attracts a significant number of visitors and shoppers and so competitors must take great care to avoid pedestrians.

Being an urban event, there will be a number of roads that must be followed or crossed. Where controls are located immediately adjacent to crossing points (**not marked on the map, but highlighted in the control descriptions**) the crossing point must be used. Elsewhere, the Highway Code should be complied with when crossing roads.

Registration

On the day registration will open between 1000 and 1230. For EOD you will be given a registration form at the car park entrance, please complete this prior to going to registration. EOD will be subject to availability of maps.

Start

The event involves a punching start with no allocated start times. Starts will be available from 1030 to 1300.

The Start is 400m from the car park and Assembly via a marshalled crossing along a taped path through woodland.

The same start will be used by all courses. Loose control descriptions on waterproof paper will be available in the start lanes.

As the Start and Finish are both relatively close to registration and parking there will be no clothing dump.

Electronic punching

The event is using EMIT electronic punching. If you have pre-booked an EMIT card then you need to pick this up from Registration prior to going to the Start. A demonstration control will be available outside the enquiries tent.

It is the competitor's responsibility to ensure that their card has been correctly activated at the Start and that they obtain a correct punch at controls, including a backup pin mark on the backup card, by placing their card flat onto the control bed. There will be no reinstatement without evidence of punching on the backup card.

Finish

The route from the final control to download will be taped. Junior competitors on courses F&G should return to their start and then follow the reverse route back to the assembly area and download. Competitors on Courses A to E should follow the taped route back to the Assembly area, taking care when crossing a major road. Finishes will be manned.

All competitors MUST report to Download even if you retire. Course closing time is 2:30

Feedback

We encourage competitors to set up their routes on Routegadget after the event, in order to provide feedback to the Planner and Controller on how the courses were executed. Any specific feedback comments can also be sent to richjacksonnwo@gmail.com.

Facilities

Toilets, Water and First Aid available in Assembly.

First Aid

First aid will be available in assembly. Anyone needing A&E treatment should either be taken to the Great Western Hospital under arrangements made by the organizer/first aid or an ambulance called via emergency number 999. The route to the hospital is via the A346 northwards, crossing the M4 at J15 onto the A419 and then following signs for the Great Western Hospital from the first junction after crossing the motorway. The distance is 9.3 miles.

If the weather is excessively hot runners must run within the constraints imposed by the conditions and adapt their pace to one that is going to ensure that they get to the finish rather than one that results in exhaustion. The NHS provides the following advice to avoid heat exhaustion and heat stroke:

If you have to go out in the heat, walk in the shade, apply sunscreen and wear a hat

Do not leave anyone in a parked car

Have plenty of cold drinks, but avoid drinks that contain caffeine and alcohol

Eat cold foods, particularly salads and fruit with a high water content

Take a cool shower, bath or body wash

Sprinkle water over your skin or clothing, or keep a damp cloth on the back of your neck

Keep your environment cool

Dogs

Well behaved dogs are allowed in the Assembly area if kept under control by their owners. Dogs are not permitted on the course.

Cancellation

In the event of severe weather, information as to whether or not the event will go ahead will be placed on this NWO website <http://www.northwilts.org.uk/>

Thanks

We are grateful to Wiltshire Council, Marlborough Town Council, St John's College and Marlborough College and numerous other owners of areas where controls have been sited for their various permissions.

Officials

Controller : Paul Taunton.

Planner : John Orton, NWO.

Organiser : Rich Jackson, NWO. (Mobile 07467948309).