

## **North Wiltshire Orienteers (NWO)**

Affiliated to the British Orienteering Federation and a member of the South West Orienteering Association.





## **BADBURY HILL**

## South West Orienteering Association Relays Individual and Beginners Courses also available Sunday June 9<sup>th</sup> 2019

Full range of courses for experienced orienteers and for beginners who want to have a go.

**The Area:** Badbury Hill (also known as Badbury Clump) is the site of an iron age hill fort contained

within mature woodland, famous for its swathes of bluebells in May. Access is kindly

provided by the National Trust.

Venue: The Event Centre is at the National Trust car park, Badbury Hill, Coleshill, Oxfordshire, SN7

7NJ (grid reference SU 263 945). No toilets or eating / drinking facilities are provided. The venue will be signposted from the B4019 between Coleshill and Faringdon.

**Parking:** Parking is in the National Trust car park. All day charge is £4 per vehicle. National Trust

members may park for free by scanning their membership card at the payment machine.

Due to limited space please car share where possible.

**Maps:** All courses are on a 1:5000 map on A4 waterproof paper. Contours 5m.

**Entry:** Individual and beginners courses can all be entered on the day, subject to map availability.

Course	Length (km)	Climb (m)	Number of Controls
Beginner	1.3	40	10
Individual	2	70	12

Relay Teams: 2 or 3 members of the same or different club(s). Teams wishing to be counted for the SWOA

Relay Series should all be from the same club and incorporate their club name in the team

name.

Relay Entry:

Please email the organiser by 3<sup>rd</sup> June to advise of (a) Your team name (including club if you wish to be included in the SWOA Relay Series. (b) Team members and age-classes, if known at the time. You may change your team membership later (or on the day) if you wish. Individual competitors not yet in a team can email the organiser who will try to form an ad-

hoc team for you.

3 courses of about 1.5km each.

Relay Rules:

Each team must run each course twice in six consecutive sessions. No individual to run the same course twice. EMIT punching will be used and NWO will provide 2 EMIT cards/team at no additional fee.

Times: Registration 10:15 – 11:00 Relay Briefing 11:15

Handicap start for relay (see below) with base time 12:00 noon. Earliest start 11:18.

Starts for Individual/Beginners course from 11:20

Fees: Relay: Adults £7 Juniors £2

Individuals and Beginners: Adults £4 Juniors £2

Fees include EMIT timing card hire but £47 charge for lost card

**Safety:** Car keys must be left at registration if travelling alone.

All courses close at 14.00. All competitors must report to download even if you do not finish.

LEG COVER is STRONGLY ADVISED due to summer undergrowth and presence of ticks. Competitors are advised to check themselves carefully for ticks upon finishing and to seek advice on removal and, if required, medical attention to avoid contracting Lyme Disease.

Nearest A & E is Great Western Hospital, Swindon SN3 6BB.

## **NWO Relays Handicap Times:**

Each team member obtains an age-class related handicap time as follows

M Class	Handicap time	W Class	Handicap time
M14	-6	W14	-7
M16	-4	W16	-6
M18	-2	W18	-5
M20	-1	W20	-4
M21	0	W21	-3
M35	-1	W35	-4
M40	-2	W40	-5
M45	-3	W45	-6
M50	-4	W50	-7
M55	-5	W55	-8
M60	-6	W60	-9
M65	-7	W65	-10
M70	-9	W70	-12
M75	-11	W75	-14

Starts will be at 12:00 noon for non-handicapped runners (i.e. 3 M21 runners) and all others run at 12:00 minus their combined handicaps. For teams of 2 runners the combined handicap will be increased by 50%. Each team should inform registration of their lead runner start time.

Example: A team of 3 consisting of M21, M40 and W50 would have a handicap of -9 minutes and therefore start at 11:51.

Officials: Organiser Robert Buckby (NWO) r.j.buckby@gmail.com 07825 161020

Planner: Neil Fraser (NWO) Controller: John Orton (NWO)

See www.northwilts.org.uk for latest details and results.

required by our insurers.