

Yellow course

1	Andrew Ellis	RAFO M7	26:12
2	Lindsay Dunscombe	NWO W21	61:58
3	Jenny Lightfoot	IND W35	62:08
4	Lisa Tiddy	IND W8	62:31
	Barthelemy Pige	NGOC M5	dnf

17	Christopher Young	NWO M50	65:19
18	Thomas Venn	TVOC M21	66:57
19	John Weyman	NWO M55	67:20
mp	Christophe Pige	NGOC M40	49:18

Orange course

1	Shirlaine Fasanya	TVOC W21	30:45
2	Robin Baker	IND M65	32:24
3	Gaye Callard	NGOC W75	42:41
4	Tim Spenlove-Brown	QO M70	47:33
5	Gillian Sheldrick	NWO W55	50:41
6	Kath Norton	IND W45	62:16
	Lottie Weyman	NWO W14	dnf

Green course

1	Michael Little	IND M60	35:05
2	Ian Prosser	BAOC M55	39:28
3	Ali Kempson	TVOC W50	43:51
4	Robert Narbett	BOK M45	44:29
5	Adam Jones	BOK M16	46:48
6	Sally Thomas	BOK W70	48:23
7	John Walmsley	WIM M60	48:35
8	Lin Callard	NGOC M80	48:38
9	Andrew Law	NWO M60	50:12
10	Howard Thomas	BOK M70	50:29
11	Carol Prosser	BAOC W50	51:01
12	John Fielder	BOK M65	52:33
13	Barry Grimes	NWO M21	56:51
14	Ian McBrada	IND M50	57:56
15	Nina Stimson	NWO W65	66:33
16	Matthew Rose	IND M21	67:00
17	Janet Jones	BOK W55	74:38
18	Jenny Jones	NWO W45	78:58
19	Tim Jones	NWO M12	81:45
20	Antonia Holt	NWO W55	83:00
21	Paul Beaumont	NWO M65	90:06
	Steve Walters	BOK M65	dnf

Blue course

1	Doug Stimson	NWO M21	35:35
2	Stuart Padget	IND M35	38:36
3	Eddie Narbett	BOK M16	39:47
4	Adam Hampshire	BOK M40	42:22
5	Richard Hudson	BOK M50	45:27
6	Stephen Beal	NWO M21	46:20
7	Michael James	BAOC M55	47:15
8	Richard Jackson	NWO M35	48:24
9	Gary Mills	TVOC M60	50:37
10	John Orton	NWO M60	50:57
11	Rachel Dennis	BOK W45	54:41
12	Nick Dennis	BOK M55	55:00
13	Dan Brice	IND M35	58:53
14	Chris Johnson	BOK M60	60:38
15	Adell Cooper	NWO W50	62:27
16	Steve Davies	NWO M50	63:26